

Le Spa is a charming wellness facility dedicated to personal rejuvenation with a traditionally inspired menu of body and beauty rituals. Address the effects of modern living with a reviving treatment using natural ingredients and essential oils that will have you looking great and feeling even better.

Le Spa is located within the tropical grounds of Keraton Jimbaran Resort & Spa and is open to outside guests.



Pick up service available upon request.
 Open daily from 9 am until 8 pm
 Add to 21% tax and service charge

Keraton Jimbaran Resort & Spa

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Contemporary Treatment

1. After Sun Soother

Made of : Aloe Vera Gel & Cucumber
 Benefits : Cools sun-burnt skin
 Includes : Flower Bath, Aloe Vera Massage,
 Aloe Vera and Cucumber Mask & Shower

Cucumber cools tender skin and draws heat from the body. This treatment gently nurtures the skin leaving it soft and moisturized.

• 90 minutes Rp 650.000

2. Flower Mask

Made of : Volcanic Clay & Flower Petals
 Benefits : Eliminates toxins from the body
 Includes : Foot Bath, Traditional Balinese Massage,
 Body Mask, Hair Mask & Flower Bath

The Volcanic island of Bali is home to mineral-rich clays, which seep into the skin to break down those fat cells.

• 90 minutes Rp 700.000

3. Herbal Pack

Made of : Aromatic Herbs, Leaves & Flowers
 Benefits : Relaxes the body and relieves sore muscles.

A blend of herbal ingredients has been sourced from around the Indonesian archipelago.

• 90 minutes Rp 650.000

Hair Treatment

Hair Creambath

After a thorough shampoo, your scalp and hair is massaged with a nourishing cream conditioner.

• 60 minutes Rp 400.000

Hand and Leg Treatment

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|--------------------------------|--------------|------------|
| 1. Basic Manicure or Pedicure | • 60 minutes | Rp 350.000 |
| 2. French Manicure or Pedicure | • 90 minutes | Rp 450.000 |
| 3. Hand and Arm Treatment | • 90 minutes | Rp 550.000 |
| 4. Foot and Leg Treatment | • 90 minutes | Rp 550.000 |

Spa Packages

1. Luxuriate Ritual

Day 1 : Choose from replenishing selection of Traditional Body Treatments.
 Day 2 : Enjoy a Creambath hair and scalp treatment followed by a Manicure or Pedicure.
 Day 3 : Indulge a Facial to nourish the skin and then recharge with a Yoga Ritual.
 • 3 days Rp 1.800.000

2. Honeymoon Package

Female : Lulur Jasmine Body Scrub
 Male : Kopi Bali Scrub
 Celebrate your love with a romantic package for two. The indulgence begins with an Aromatherapy Foot Polish followed by a Traditional Body Massage, Body Scrub and finishes off with a relaxing soak in a Flower Bath.
 • 120 minutes Rp 1.300.000

3. Revive Ritual

Includes : Foot Bath, Kemiri Massage, Flower Mask, Flower Bath & Traditional Facial.
 • 180 minutes Rp 1.500.000

4. Nurture Ritual

Includes : Hair Creambath, Basic Manicure & Pedicure.
 • 120 minutes Rp 850.000

5. Dream package

Includes : Foot Bath, Traditional Body Massage, Traditional Body Scrub, Body Mask, Flower Bath, Facial, Manicure/Pedicure and Hair Creambath.
 • 300 minutes Rp 2.500.000

Waxing

- | | | |
|--------------|--------------|------------|
| 1. Upper Lip | • 15 minutes | Rp 100.000 |
| 2. Under Arm | • 30 minutes | Rp 200.000 |
| 3. Half Arm | • 30 minutes | Rp 200.000 |
| 4. Full Arm | • 60 minutes | Rp 300.000 |
| 5. Half Leg | • 30 minutes | Rp 200.000 |
| 6. Full Leg | • 60 minutes | Rp 300.000 |
| 7. Bikini | • 30 minutes | Rp 200.000 |
| 8. Eye Brow | • 15 minutes | Rp 100.000 |



Le Spa 
 Traditionnel





Relaxation Treatment

1. Le Spa Ritual

Includes : Foot Bath, Traditional Balinese Massage, Traditional Body Scrub, Body Mask & Flower Bath

• **150 minutes** **Rp 1.300.000**

2. The Royal Ritual

Includes : Foot Bath, Traditional Balinese Massage, Body Scrub, Body Mask, Flower Bath, Facial & Foot Massage

• **180 minutes** **Rp 1.500.000**

3. Ayurveda (Spa)

This treatment is highly recommended for people with low energy levels and sufferers of insomnia.

• **60 minutes** **Rp 600.000**

Massages

1. Traditional Balinese Massage

This is a full body massage using aromatherapy oil and combines acupressure with Balinese styled stretching techniques. This massage will greatly increase your sense of serenity, stimulate blood circulation and soothe aching muscles.

• **60 minutes** **Rp 400.000**
 • **90 minutes** **Rp 550.000**

2. Le Spa

Our signature massage involves several techniques including Balinese, Swedish, Thai, Shiatsu and Acupressure. A special blend of massage oil is also applied to the body to enliven the senses.

• **60 minutes** **Rp 500.000**
 • **90 minutes** **Rp 650.000**

3. Shiatsu Massage

This gentle form of Japanese massage uses the palms, forearms, elbows, knees and feet to apply pressure to certain points of the body to alleviate stress and calm the nerves.

• **60 minutes** **Rp 400.000**

4. Four Hands Massage

The pleasure of this treatment is doubled by having two therapists massage you in synchronized movements.

This combination of Shiatsu, Thai, Indonesian, Lomi-Lomi and Swedish massage ocuses on creating a sense of overall relaxation.

• **60 minutes** **Rp 650.000**

5. Kemiri Nut Body Polish

This is a unique combination between a massage and a body scrub. Candlenut is used instead of oil which is suitable for dry as well as sensitive skin.

• **60 minutes** **Rp 500.000**

6. Warm Stone Massage

A warm stone massage entails the use of smooth stones that have been heated and are moved over the body in long and flowing strokes. The stones are then placed on a strategic energy points to relieve tension as well as muscular aches and pains.

• **90 minutes** **Rp 650.000**



7. Reflexology Jiwa

This ancient healing treatment involves pressure point massage techniques to stimulate the body's natural healing capabilities.

• **60 minutes** **Rp 350.000**
 • **90 minutes** **Rp 450.000**

8. Neck & Shoulder Massage

If you don't have time to enjoy the many benefits of a complete massage, this half hour treatment will help relieve stress and tension around your neck and shoulders.

• **30 minutes** **Rp 250.000**

Traditional Body Treatment

1. Lulur Jasmine

Made of : Turmeric, Jasmine Flowers & Rice Powder
 Benefits : Moisturizes skin leaving it soft and supple.
 Includes : Foot Bath, Traditional Balinese Massage, Body Scrub & Flower Bath

This traditional Javanese treatment is a skin cleansing ritual for royal brides and is performed in the days leading up to a wedding ceremony.

• **120 minutes** **Rp 750.000**

2. Kopi Bali Scrub

Made of : Kopi Bali Powder & Rice Powder
 Benefits : Removes dead skin cells and is suitable for male skin.

Includes : Foot Bath, Traditional Balinese Massage, Body Scrub & Flower Bath

Men will enjoy the aromatic smell and brisk body scrub that are a part of this exfoliating treatment.

• **120 minutes** **Rp 750.000**

3. Le Spa Ocean Detox

Made of : Crushed Candlenuts & Fine Salt
 Benefits : Detoxifies and remove rough skin cells from the body.

Includes : Foot Bath, Traditional Balinese Massage, Body Scrub & Flower Bath

This ritual softens the skin with natural ingredients. However, it is not recommended for cut, bruised or sun-burnt skin.

• **120 minutes** **Rp 750.000**

4. Green Tea Scrub

Made of : Green Tea Leaves & Rice Powder
 Benefits : Replenishes mature skin.
 Includes : Foot Bath, Traditional Balinese Massage, Body Scrub & Flower Bath

Selected green tea leaves and essential oils are blended into a paste and applied as a scrub to nourish the skin.

• **120 minutes** **Rp 750.000**

Facial

1. Traditional Facial

This traditional facial uses pressure point massage to encourage lymphatic drainage. The combination of flower petals, fruits and pure white clay purifies the skin, draws out toxins and encourages new cell growth.

• **60 minutes** **Rp 400.000**

2. Eye Mask

This can treatment can be taken to complement your facial or enjoyed on its own. It is a true blessing for tired, jet-lagged and irritated eyes.

• **30 minutes** **Rp 250.000**